

BE PREPARED THIS WINTER!

Winter Planning 

Keep Calm! Stock up,
Stay in

The Winter Planning team are working in partnership to prepare isolated elderly and vulnerable people in North East Lincolnshire for this winter.

This winter be prepared!

Items to remember over the winter period:

- | | |
|--|--|
| <input type="checkbox"/> Coffee/Tea | <input type="checkbox"/> Frozen meals |
| <input type="checkbox"/> Sugar | <input type="checkbox"/> Toilet rolls |
| <input type="checkbox"/> Milk (Dried or Long-life) | <input type="checkbox"/> Pet Food |
| <input type="checkbox"/> Bread (Can be frozen) | <input type="checkbox"/> Torch/Batteries |
| <input type="checkbox"/> Butter/Margarine | <input type="checkbox"/> Bottled Water |
| <input type="checkbox"/> Tins of Soup, Veg & Fruit | <input type="checkbox"/> Light Bulbs |
| <input type="checkbox"/> £5 for emergency supplies | <input type="checkbox"/> Flu jab |
| | <input type="checkbox"/> Medication |

Winter Planning Launch:

**Grimsby Minster, Friday 9th November 2012,
10:00am—12:00pm**

In **extreme** weather conditions if you need **urgent** supplies or assistance call this number:

01472 256 256